

Ravena-Coeymans-Selkirk Central School
Selkirk, New York 12158
(518) 756-5200

Vicki Wright
Superintendent

Carolyn Lawrence
Director of Pupil Services

To parents/guardians of students entering the RCS district:

State Education law provides that a health certificate shall be furnished by each pupil in the public school upon his/her entrance in such schools, and by each child entering kindergarten, first, third, seventh and tenth grade. Parents have two choices for complying with this law.

The first is a physical examination conducted by the student's own physician. Upon completion of the examination, parents should request the physician to fill out a pupil medical record form, which is available from the school.

The second choice is for students to receive a screening by the school physician. This will be arranged by the individual school. The RCS school physician, since 1992, has been Philip Drew M.D. Currently he is assisted by Mike Piplani M.D., William Pyle, M.D. The screening exam consists of examination of the eyes, ears, nose and throat and auscultation of the heart and lungs, scoliosis checks if indicated and examination of other areas if they are requested by the student or nurse, or seem indicated at the time.

The sports participation examination, for students in grades 7-12 who wish to participate in interscholastic sports, includes questioning regarding previous injuries or loss of consciousness, questions regarding medicines that might affect participation and examination of the heart and lungs. In boys, an examination to detect the presence of hernias or abnormalities in the testicles is performed.

Every attempt is made to protect the child's dignity and privacy. Whenever examinations are administered, a district school nurse is to present assist where appropriate.

It should be noted that when a family physician completes an examination, a complete physical examination is conducted. This differs from a screening. The school physician conducts a screening, not a physical examination. Parents should be aware of this difference so that they may choose accordingly. Either is acceptable for school health records.

We are requesting your assistance in providing for a physical examination of your child by your family physician. Attached you will find a form to be presented to your physician at the time of the examination. You may assist him/her by filling in the child's name, address, birth date and the name of the school. Please note that any certificate of a physical examination signed by a duly licensed physician during the school year would satisfy this school requirement.

Please complete the attached form to let us know of your plan to comply with this requirement. Thank you for your cooperation in this matter.

Sincerely,

Carolyn Lawrence
Director of Pupil Service

Ravena-Coeymans-Selkirk Central School
Selkirk, New York 12158
(518) 756-5200

Child's Name

Grade

Building

(Check One)

_____ was examined by our family physician on _____ (date). We will arrange to return the health examination form.

_____ will be examined by our family physician on _____ (date).

_____ will not be examined by our family physician and is to be examined by the school physician.

Parent/Guardian Signature

Date

Phone Number

Please return to the health office in the school where your child is enrolled, or to the registrar.

A.W. Becker
1146 Route 9W
Selkirk, NY 12158
(518) 756-5200x5005

P.B. Coeymans
66 Church Street
Coeymans, NY 12045
(518) 756-5200x4005

RCS Middle School
2025 U.S. Route 9W
Ravena, NY 12143
(518) 756-5200 x. 3021

RCS Senior High
2025 U.S. Route 9W
Ravena, NY 12143
(518) 756-5200 x. 2015